

INTRODUCTION TO EMOTIONAL CPR FOR SUPERVISORS

DATE & TIME: January 21, 2016

9:00 AM – 12:00 PM

All registration is completed on the Learning Net prior to the training. Sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be admitted.

PLACE: 695 S. Vermont Ave., 15th Floor
Los Angeles, CA 90005

PARKING: Free parking at DMH at 523 Shatto Place parking structure (floors 3-8)
Note: If parking at Shatto Place, please allow time to walk approximately 3 blocks to training site. (DMH badge or Guest permit is required to park)
Parking is also available directly across the street from 695 S. Vermont at the **County Public Lot #691** for a cost of **\$5.00**.

This training provides a brief overview of eCPR and exclusively designed for supervisory or management staff who oversee clinical/rehabilitative staff. It will address application of interventions relevant to assisting others through an emotional crisis. Various application strategies will be reviewed and promote effective ways to connect, empower and revitalize mental health consumers experiencing an emotional crisis.

TARGET AUDIENCE: Public Mental Health Workforce (Supervisor/Management Level)

OBJECTIVES: As a result of attending this training, participants should be able to:

1. Discuss the origins of eCPR, its public health primary prevention approach and use with individuals in the community experiencing emotional distress.
2. Recognize how eCPR comes from the lived experience of recovery by the developers and other programs such as Psychologist First Aid, Crisis Counseling and Trauma Informed Approaches.
3. Identify the concepts of Connecting, Empowering and Revitalizing.
4. Integrate training information by role playing the “reflective feedback” technique.

CONDUCTED BY: Daniel B. Fisher, MD, PhD, Executive Director of the
National Empowerment Center

Maria Ostheimer, Emotional CPR Trainer, California Coordinator

Cathy Williamson, Neydi Abrams, Lois Brooks,
Emotional CPR Facilitators

COORDINATED BY: Su Jung Kim, LCSW Training Coordinator
Email: sjkim@dmh.lacounty.gov

DEADLINE: NONE

CONTINUING EDUCATION: 3.0 hours for BBS, BRN and CAADAC

COST NONE

DMH Employees register at:
<http://learningnet.lacounty.gov>

Contract Providers complete
attached training application

☐ Cultural Competency ☐ Pre-licensure ☐ Law and Ethics ☐ Clinical Supervision ☒ General



County of Los Angeles Department of Mental Health
NON-DMH STAFF TRAINING APPLICATION FORM
Please Print or Type



Instructions

Each individual must complete a separate application form for each training he/she wishes to attend. Please complete the application in full. Applications will not be processed with incomplete or inaccurate information. Notification of registration confirmation for training will be provided by the training coordinator. Unless otherwise specified, walk-in registrations will not be admitted.

For trainings, sign-in begins 30 minutes prior to the training time. All participants must arrive during the sign-in period. Late arrivals will not be permitted.

This form is not to be used for LPS Designation Training. The LPS Application is available at lacdmh.lacounty.gov/training&workforce.html.

Training Title

INTRODUCTION TO EMOTIONAL CPR FOR SUPERVISORS

Date(s): **January 21, 2016 9am-12pm**

Training Coordinator: **Su J Kim, LCSW**

County Employee Number

(non-county employees supply the last four digits of the SSN)

Name

Program, Service or
Agency

Job Title

Address

City

Zip Code

Telephone

Email

License or Credential Number(s) (complete as many as applicable)

CAADAC

LCSW

LPT

LVN

MD

MFT

Psychologist

RN

Supervisor's Approval (Applications will not be processed if not signed by supervisor)

For processing, please return Application to:

Su J Kim, LCSW

695 S. Vermont Ave., 15th Floor

Los Angeles, CA 90005

Phone: (213)251-6422

Fax: (213) 252- 8776

Email: sjkim@dmh.lacounty.gov

(When faxing, there is no need to use a cover sheet)

Print Supervisor Name

Supervisor's Signature